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PHP 340: IPPE 1: Service Learning in Healthcare

Adopt-a- Patient Project

You have been assigned to a service learning project for your 20 hour service learning requirement. You will be assigned an older adult patient at an independent/assisted living facility to interview and interact with over the course of the semester. All older adult volunteers have agreed to participate in this activity and have signed a consent form. You will work with 2 other student group members on this project. The initial interview will be scheduled through the office of experiential education (a P4 student and/or faculty member will assist you on your initial interview). You will be required to complete the interview form, which will also help guide you through the interview. Everyone in the group should participate in this process. Students are expected to schedule their own meetings throughout the semester until the project is completed; you will meet several more times. Students will present their experience to a group of peers during a pre-determined presentation time at the end of the semester. You will also meet with faculty throughout the semester to discuss your progress. The final project and presentation will involve the utilization of a SOAP note- prepare a SOAP on one of your patient's major problems. You are expected to research the conditions that you are presenting since you may not have learned all concepts within the curriculum up to this point, faculty will be available to assist. All information will be de-identified.

After the interview, you should schedule "activity time" with your patient. It is recommended to work on different projects and/or activities that your patient may be interested in. You can focus on a hobby or skill that your patient told you about, utilize technology such as a computer or the Nintendo Wii®, or attend an event with your patient at South Bay Manor. We have a Nintendo Wii® and a variety of games at the College that may be signed out for this project.

You will also be required to complete a reflective journal of your experience. See the syllabus for PHP 340 for more information on what should be included in your journal. You should complete an entry after each meeting with your patient. You do not have to reflect on faculty meetings or the final presentation day.

Plan to review the background readings before your initial patient meeting including the Pew Research Center's *Growing Old in America* (citations below). You will be required to write

a 1-2 page paper focusing on your thoughts about this reading. A rough outline for the 20 hours is as follows (although time may vary):

- Initial meeting with students/faculty (1 hour)
- Readings, Pew paper and project (4 hours)
- Initial interview with patient (2 hours)
- Research time for faculty meeting (2 hours)
- Faculty/student meeting (1 hour)
- 2nd patient interview (2 hours)
- Research time (2 hours)
- Faculty/student meeting (1 hour)
- Additional activity with your patient (3 hours)
- Presentation Day (Background, SOAP note, and patient activity description) (2 hours)

Background Readings:

Delafuente, JC. Pharmacokinetic and pharmacodynamic alterations in the geriatric patient. *Consult Pharm* 2008; 23(4): 324-334.

**Taylor P, Cohn D, Morin R, Parker K. Growing Old in America: Expectations vs Reality. Pew Research Center's Social & Demographic Trends project, June 29, 2009, <http://pewsocialtrends.org/pubs/736/getting-old-in-america>, accessed May 17, 2010.
(writing assignment corresponds to this reading)

Wagner DL, Niles KJ. Understanding aging in the 21st century. *Consult Pharm* 2004;19(1): 14-28.