

AACP / NMA Conference: Celebrating the 18th Year

February 23-24, 2018

Renaissance Long Beach Hotel

Long Beach, California

Friday, February 23, 2018

8:00am-8:30am – Welcome and Overview

Seena Haines and Jenny Van Amburgh

8:30am-9:45am - The Future of Self-Care – Regulatory and National Trends on the Horizon

Moderator: Lucio Volino

Speakers: Jenelle Sobotka and Barbara Kochanowski

Objectives:

1. Discuss new and potential state and federal legislation and regulations that will affect the self-care marketplace and the practice of pharmacy.
2. Evaluate new self-care products and technology, including patient apps, and how they could enhance the role of self-care as a critical component of the health care delivery model.
3. Assess the changing self-care consumer including demographics, beliefs and preferences, and habits and practices and address their impact to the pharmacist's role in assisting patients with their self-care needs.
4. List 3 teaching methodologies using technology for online and in class teaching tools to provide education in self-care.
5. Identify competency assessment criteria and approaches from both national standards and in class techniques that could address students' preparedness for self-care practice.

9:45am-10:00am – Break

10:00am-12:00pm – Curricular Reform Models Success Stories

Moderators: Jennifer Robinson and Heidi Eukel

Overall Session Objectives:

1. Discuss the various approaches utilized by pharmacy programs to teach self-care courses.
2. Discuss how curricular reform decisions were made by different programs.
3. Explore the challenges encountered and lessons learned.

UNC North Carolina Flipped Classroom Model (Stefanie Ferrari)

Objectives:

1. Discuss the changes made to self-care education at UNC
2. Describe lessons learned during curricular evolution

The Ohio State University Module Model (Bella Mehta and Kristen Capser)

Objectives:

1. Define and describe components of a flipped classroom model within a required self-care course
2. Summarize successes and barriers to implementation of the flipped classroom model

MCPHS Worcester Integrated Pharmacotherapy Model (Kaelen Dunican)

Objectives:

1. Discuss the justification for an integrated the self-care therapeutics and the pharmacotherapeutic courses.
2. Describe challenges to transitioning from a stand-alone to an integrated self-care and pharmacotherapeutics course and identify methods to overcome these challenges.

ETSU Stand Alone Self Care Model (Katelyn Alexander)

Objectives:

1. Discuss the evolution of a standalone self-care focused course series and the intentional integration of content with lab based and experiential based coursework throughout the curriculum
2. Explore the challenges encountered and lessons learned during the implementation and integration process

Rutgers Stand Alone Self Care Model (Rupel Mansukhani and Lucio Volino)

Objectives:

1. List critical information included when evaluating a stand-alone vs integrated self-care and home care course.
2. Summarize responses from current therapeutic course faculty in regards to integration.

12:00pm-1:00pm – Lunch on Own

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1:15pm-3:00pm - Faculty Poster Presentations

3:00pm-4:45pm – How Mindfulness Can Make You a Better Pharmacist, a Better Educator, and a All-Around Better Human Being

Moderator: Seena Haines

Speaker: Cynthia Knapp Dlugosz

Objectives:

1. Explain what is meant by the term “mindfulness.”
2. Describe three practices that help cultivate mindfulness.
3. Identify at least four evidence-based benefits of mindfulness practice.
4. Name at least three possible personal applications of mindfulness.

4:45-5:15p - Class Photo

5:30-6:30p – AACP/NMA Networking Reception and Dinner on your own

Saturday, February 25, 2018

8:00am-10:15am – Knotty Problem Faculty Development Activity

Moderator: Seena Haines

Speaker: Seena Haines

Objectives:

1. Provide self-care faculty with an opportunity to discuss teaching ideas, scholarship, and promotion related needs in a supportive environment of peers and colleagues
2. Participate in a fast-paced, exchange of practical teaching/guidance seeking across academic settings (didactic and experiential)

10:15am-10:45am – Break

10:45am-12:30pm - Faculty Podium Presentations (Selected from Poster Abstract Submissions)

TBA – September 2017

12:30pm-2:00pm – Facilitated Discussion / Working Lunch

NMA/NASPA Self-Care Challenge Update: Karen Bastianelli

National Self-care Curriculum Survey: Emily Ambizas and Kelly Orr

Self-care Therapeutics and Nonprescription Medication SIG Update: TBD

2:00pm-2:50pm and 3:00pm-3:50pm - Faculty Development Breakout Sessions

(Faculty pick 2 out of 4 sessions)

Moderator: Kelly Orr

Speakers: Jennifer Robinson, Kimberly McKeirnan, Karen Pater Steinmetz, Heidi Eukal, Cheryl Abel, Aimee Deitle, and Brett Feret.

Training Student Pharmacists to Treat Minor Ailments and Conditions (Jennifer Robinson & Kimberly McKeirnan)

Objectives:

1. Discuss the development and implementation of a Minor Ailments and Conditions training in a condensed Point of Care and Clinical Services class.
2. Describe logistical challenges of teaching a 2-credit class in one week and how to overcome these challenges.
3. Review the impact of this course on student pharmacists' willingness to provide treatment for minor ailments and conditions in a community pharmacy setting.
4. Analyze the content presented and consider how this could be implemented at your school.

Innovations in Assessment Strategies of Student Knowledge and Skills (Karen Pater Steinmetz & Heidi Eukal)

Objectives:

1. Review the use of electronic platforms to track student performance on examinations and performance-based assessments
2. Implement student self-assessment of performance using a video recording and learning management system
3. Discuss application of the primary teaching model to engage students in peer-assessment in skill building activities

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Evidenced based self-care controversies (Cheryl Abel and Aimee Dietle)

Objectives:

1. Describe the controversy surrounding the impact on body weight and the efficacy of emergency contraceptive products.
2. Describe the evidence surrounding potential dangers of long term use of proton pump inhibitors and discuss alternative treatment options for patients requiring chronic use.
3. Discuss the controversy surrounding the use of electronic cigarettes for smoking cessation.

Trouble in the Aisle: Over-the-Counter Drugs of Abuse (Brett Feret)

Objectives:

1. Recognize the abuse potential and characteristics of commonly abused over-the-counter medications
2. Discuss the complications and consequences of abusing specific over-the-counter- products, specifically dextromethorphan and loperamide.
3. Examine proposed strategies and legislation to combat over-the-counter drugs of abuse

4:00pm-4:45pm – Networking and Meeting Time Capsule

4:45pm-5:30pm - Meeting Closure

5:30pm-6:30pm - AACP 2018 Interim Meeting Welcome Reception

7:00pm-10:00pm – AACP/NMA Social Networking Event – Additional fee will be required