**Activity Session – Counseling on Combined Oral Contraceptives and Contraceptive Vaginal Ring with Standardized Patient**

***Pre-session Preparation:***

1. Review practice instructions on the last page of this document.
2. Review the patient counseling evaluation rubrics for combined oral contraceptives and the contraceptive vaginal ring.
3. Practice counseling on oral contraceptives and the vaginal ring using the rubrics described above.
4. May refer to patient fact sheets and video at ARHP website (if desired)
* <http://www.arhp.org/Publications-and-Resources/Patient-Resources/Fact-Sheets/Vaginal-Ring>
* <http://www.arhp.org/Publications-and-Resources/Patient-Resources/Fact-Sheets/bc-pills>

***Materials to bring to class:***

1. White lab coat (professional dress is required).
2. Patient handouts (if desired).

***Prerequisite Knowledge:***

1. Information from class sessions on oral contraceptives and vaginal ring

***Learning Objectives:***

At the completion of this Activity Session, you should be able to:

1. Provide accurate and effective patient education to a patient receiving a new prescription for ethinyl estradiol/norgestimate (Sprintec).
2. Provide accurate and effective patient education to a patient receiving a new prescription for a contraceptive vaginal ring (Nuvaring).

**Practice Instructions**

* Be ready at your assigned room at the designated time (see posted schedule in the agenda). Because of the tight time frame for this activity, it is crucial that you arrive outside of your assigned room **5 minutes prior** to your start time.
* There will be a standardized patient in the room. There will be two students assigned to each designated room and time. Both students will walk in and sit down across from the patient. The standardized patient will tell you which student will go first and which student will go second.
* The SP will start the timer. The first student will have **9 minutes** for the first interaction. The observing student will be given a content rubric to grade the content of the interaction.
* You will introduce yourself as the Pharmacy Intern and ask the patient “How can I help you today?” The patient will inform you that they are there to pick up their prescription for birth control pills. The product will be on the table. After you have verified that you have the correct prescription for this patient, you may begin your counseling.
* You will be expected to take out the products from the prescription bag or box to appropriately counsel the patient. Once you are done counseling the patient, please put everything back into the bag for the “patient” to take with them (and to prepare for the next student).
* The SP and observing student will have **5 minutes** to complete the grading rubrics (posted on Canvas). The SP will grade your communication using the “Counseling on Combined Oral Contraceptives Communication Rubric”. The observing student will grade the content using the “Counseling on Combined Oral Contraceptives Content Rubric”. The SP and observing student can provide individualized verbal feedback if time permits.
* The SP will start the timer again. The second student will have **9 minutes** for the second interaction. The observing student will be given a content rubric to grade the content of the interaction.
* You will introduce yourself as the Pharmacy Intern and ask the patient “How can I help you today?” The patient will inform you that they are there to pick up a prescription for a contraceptive vaginal ring. The product (or something that looks similar) will be on the table. After you have verified that you have the correct prescriptions for this patient, you may begin your counseling.
* You will be expected to take out the products from the prescription bag or box to appropriately counsel the patient. Once you are done counseling the patient, please put everything back into the bag for the “patient” to take with them (and to prepare for the next student).
* The SP and observing student will have **5 minutes** to complete the grading rubrics (posted on Canvas). The SP will grade your communication using the “Counseling on Contraceptive Vaginal Ring Communication Rubric”. The observing student will grade the content using the “Counseling on Contraceptive Vaginal Ring Content Rubric”. The SP and observing student can provide individualized verbal feedback if time permits.