**CONTRACEPTION: PATIENT CASE 4**

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A 34 year-old woman has a history of depression. She is in a monogamous marriage, has three children and does not want more children. She is looking for an effective contraceptive method since she does not want more children.

* PMH: Depression since age 25, blood clot on combined oral contraceptive at age 29
* SH: Social drinker, smoker (1 ppd)
* Ht: 5’4” Wt: 170 lbs BP: 152/94 mmHg
* Medications: fluoxetine 20 mg QD

1. What would you recommend for this patient and why?
2. What are the contraindications to the therapy you selected?