SimPHARM Case Description *(Summary)*

SimPHARM™

Case Level: Intermediate Learning
Case Run: Single visit, 48 hours
Patient: Anthony Symonds

Patient Description:

Introduction to Anthony:

Anthony is being seen for evaluation of his poorly controlled type 1 diabetes mellitus. He developed diabetes at the age of 25 years.

Gender: Male

Weight: 163 lbs. / 74 kg

Height: 5′ 10″ / 178 cm

Age: 39

Case Details

Anthony has poorly controlled diabetes for which he uses a basal-bolus insulin regimen. He also has mild hypertension, for which he receives treatment, and he has chronic kidney disease. Anthony has poor adherence.

Pathologies:

Condition	Severity	Occurrence	Duration	Probability
Hypertension	Mild	Pre-existing	Whole case	100%
Type 1 diabetes mellitus	-	Pre-existing	Whole case	100%
Chronic kidney disease	CKD3a/3b	Pre-existing	Whole case	100%

Pre-existing Medication:

Amlodipine 5 mg each day

Enalapril 1.25 mg each day

Insulin glargine 20 iu each evening

Insulin lispro 7 iu with meals

Availability of drugs and laboratory investigations:

All drugs and investigations are available for students.